

Critical Response and Wellness

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Crisis Response Team

The Crisis Response Team consists of qualified Mental Health Professionals trained in conducting & providing psychological triage and support in the event of a crisis event within the Anchorage School District on a volunteer-basis. Level of response in a crisis situation is determined by District and School Leadership. Individuals on the team are contacted based on the level of need identified.

Crisis Response Members have the following responsibilities:

- On-call response to schools that require support during an identified-crisis situation
- Providing psychological triage by assessing and addressing immediate needs of students & staff
- Support & collaborate with building-assigned counselors & psychologists
- Guidance of students and staff through navigating the different emotions and response involved during tragedy
 - Provide immediate, short-term mental health interventions (varying based on impact)
 - Work to return students to their natural support system(s)
- Assist the school with a follow-up plan
 - Provide referral information for long-term needs by tracking and monitoring students who require more supports
- Monthly meetings to discuss action plans, after-action reviews, make modifications and recommendations, support the wellness of one another, and identify areas of need.

The Critical Response & Wellness Coordinator, Director of Student Supports, and Leads will work closely with all involved parties of the crisis response team to ensure care of the caregiver is

provided.

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